

A DAY IN THE LIFE: Getting ready for the day in the morning

Parvana's life: Pretend you are Parvana. You wake up one morning and are going to accompany your father to the market. Does Parvana have the luxury of taking a shower? Does she get to choose what she wears? Describe how you feel when you are putting on your head garments and getting ready to go. Do you have a lot of choices about what you eat in the morning? What is it like for your whole family to live in one room? Is it crowded? Once you are at the market, how do you feel?

How do you react when you see the Taliban soldiers on the street?

Your life: Now write a paragraph or two describing your experience. What do you typically wear when you wake up in the morning on a school day? Do you get to decide what you have for breakfast? Do you have options? Is your family all living in one room? Do you have a choice about what do wear when you are accompanying your guardian to the store? How do you feel when you see the police on the street? Do you have to dress a certain way in order to be safe? Does an institution or school tell you how to dress and how does that feel?

LAST PARAGRAPH: Describe the similarities and differences in Parvana's and your experience in getting ready for the day in the morning.